

WIN A
TREKKING
HOLIDAY FOR
TWO WORTH
£3500

PLUS TEN RUNNERS-UP
WILL RECEIVE A PAIR
OF ECCO YAK BOOTS



Bring out your *inner*sherpa

ECCO'S YAK-LEATHER TREKKING BOOT DRAWS ITS STRENGTH FROM THE TOUGHNESS OF THE HIMALAYAN ANIMAL THAT INSPIRED IT

Himalayans don't compromise. These are people who live in the most beautifully treacherous conditions in the world – amongst a mountain range that encompasses the almighty Everest – standing at 8,848m.

These iconic mountains and their amazing scenery have slowly been conquered by man – the most challenging ascent being finally made by Nepalese Sherpa Tenzing Norgay with Edmund Hillary in 1953.

But long before man attempted to surmount this uninhabitable terrain the yak has lived and thrived. Yaks you see are *hard*. In fact their hides are three times stronger than ordinary leather, making it the perfect material to make the ultimate all-terrain boot.

Because of its unique strength, yak leather can be made thinner – creating a lighter boot. All this without compromising comfort and performance. Need convincing? Well, how does taking them back to their natural environment on a 10 day trek sound?



Kolya X expedition boot is available across the UK. To find your nearest stockist visit ecco.com

THE TRIP OF A LIFETIME



To celebrate the launch of their versatile yak trekking boots, ECCO is offering a once-in-a-lifetime opportunity for a lucky *Men's Health* reader and friend to visit the home of the majestic animal that inspired its design. The winners will begin their 10-day Himalayan trip in five-star luxury in the Nepalese capital of Kathmandu. After some sightseeing and relaxation you will then fly to nearby Lukla where the trek will begin. From there

you will embark on a magical journey along the banks of the Dudh Koshi River, passing traditional Sherpa villages and into the beautiful rhododendron forests of the Sagarmatha National Park. The trek will culminate with a visit to the famous Tengboche Monastery with its breathtaking panorama of Mount Everest before returning to Kathmandu. If that wasn't enough, the story of your amazing trip will appear in a future issue of *MH*.

For your chance to win this truly priceless opportunity go to menshealth.co.uk/yak

ecco®