

# RESTORE RECHARGE REVITALISE

NIGHT ON THE TILES LEFT YOU LOOKING A LITTLE WORSE FOR WEAR? FEAR NOT, THIS FIVE STEP RECOVERY PLAN WILL HAVE YOU BACK TO NORMAL IN NO TIME...

**Step 1.** Wake up. A challenge after a night of excess we know, but an essential prerequisite for steps two to five.

**Step 2.** Sort out your skin. Skin is often the first place to show signs of fatigue. Too much partying, too much booze and not enough kip can leave it dull and dehydrated, so after washing restore it to its former glory with Nivea For Men Revitalising Cream Q10. A daily moisturiser especially designed to revitalise and re-energise stressed skin, its advanced formula contains protective agents to help support the skin's natural repair process and restore essential moisture lost through dehydration. Formulated with Coenzyme Q10, Vitamin E and Provitamin B5 it gets results: fresh, healthy-looking skin – in an instant.

**Step 3.** Banish eyebags. If the office party has left you with more baggage than the average WAG you need Nivea For Men

Revitalising Eye Relief Q10. Simply dab a small amount around the outer edge of the eye socket and gently tap it in with your fingertips. Formulated with Coenzyme Q10 it's easily absorbed and instantly revives tired eyes, helps eliminate puffiness and reduces the appearance of dark circles and fine lines.

**Step 4.** Maintain your defences. As well as being great for tackling tired-looking skin, Nivea For Men's Revitalising Cream Q10 and Revitalising Eye Relief Q10 are great weapons to have in your arsenal if you want to maintain great-looking skin round-the-clock. Both contain UV filters to help shield skin from the ageing effects of sun, pollution and central heating so keep them handy and reapply when necessary, especially if you're going straight out after work.

**Step 5.** Did we say there were five steps? With Nivea For Men® achieving great-looking skin really isn't as complicated as that...



**What is Coenzyme Q10?**

It might sound like a member of a secret agent's support team but in reality Coenzyme Q10 is a natural component of the skin which supports its ability to repair and regenerate itself. Both Nivea For Men's Revitalising Cream and Eye Relief contain it in their formulas. For more information about the Nivea For Men range go to [www.nivea.co.uk](http://www.nivea.co.uk)

