

McClane Your Day

Play your day like the big man himself. No mask, no cape, no problem. Here's how you can tackle your day the McClane way - real man, real hero

Timing's crucial for John McClane (Bruce Willis) star of Die Hard 4.0, the biggest action blockbuster of the summer, in cinemas July 4.



"TIME TO GET UP
The alarm clock hasn't gone off, but what does that matter when you sleep with one eye open and the other dreaming about kicking bad guys in the crotch? A commando roll out of bed... no better way to get the old bones loosened up..."

"GETTING IN ON TIME Frickin' ay - the Tube's full. So smash through the window and grab a place before that suspicious-looking gentleman plonks his ass down. "Please give up this seat to those less able to stand?" Doesn't mention anything about slow-assed city boys, does it?"



"SAVING TIME The lift's knackered. DOESN'T ANYTHING WORK IN THIS GODFORSAKEN COUNTRY ANY MORE? Evidently not. Then again, it doesn't look like anyone else is climbing the outside fire escape stairs two at a time either. Losers."



"TIME TO GET STARTED
The computer's crashed. Remember your password in the next 10 seconds or the entire network goes down? It's time to control-alt-delete, turn it off, kick it, turn it back on again... 9 times out of 10 the password is just 'password'... and we're back online. Don't try and keep this guy from checking out the FBI most-wanted website, IT numb-nuts."



"TIME TO COMPARE DIARIES You need to have a meeting with the boss about your concerns over IT's support strategy. Boss busy? Time to take the meeting to him. Sure that light fitting probably wasn't designed for swinging on, and the chairman's going to have some bad-ass reglazing bill, but fuck it. CRASH! This meeting is convened... Gentlemen... We have a problem..."



"TIME TO GO OUT Stuck in a low-life dive and you can't even catch the barman's screwy eye. How's this right? Here's how: an accidental "lick" of the ashtray sends it straight into the local drunk's tear-diluted pint. He's screaming, they're watching and you've got ample time to fill yourself up. Don't forget to leave a tip on the bar - just because you're swimming in the sewer, doesn't mean you've gotta smell like an asshole."

WIN TICKETS TO THE UK PREMIERE OF DIE HARD 4.0

How McClane are you? To demonstrate your "real man" qualities take the "White Vest Test" at menshealth.co.uk/diehard

An attack on the vulnerable United States computer infrastructure begins to shut down the entire nation. The mysterious villain behind the shattering scheme has figured out every angle, but he doesn't plan for an old-fashioned "analogue" fly in the "digital" ointment: John McClane.

In celebration of the most famous wearer of the white vest we've got a stack of money-can't-buy prizes to give away.

We've got 10 goody bags each including a DVD trilogy box set of the first three amazing DIE HARD movies, a DIE HARD baseball cap and a DIE HARD long sleeved shirt.

But not only that, we've got 2 pairs of exclusive tickets to the premiere of DIE HARD 4.0 in Leicester Square on June 20.

To be in with a chance of winning log on to menshealth.co.uk/diehard and take the "White Vest Test".



DIE HARD 4.0
JULY 4

Log on to menshealth.co.uk/diehard to take the test and win the good stuff

